

ABBOTT GOVERNMENT HELPS KEEP WESTERN NSW CHILD CARE SERVICES MOBILE

Mobile child care services supporting communities in the Parkes Electorate where no other viable permanent option exists will share in more than \$2 million worth of support from the Abbott Government, Federal Member for Parkes, Mark Coulton, announced today.

The Government supports mobile child care providers servicing regional, remote, rural, disadvantaged and indigenous communities through its Budget Based Funded (BBF) programme.

Mr Coulton said the funding grants were designed to help mobile services with the cost of upgrading their vehicle, training staff and buying new educational equipment such as books, DVDs and toys.

Mr Coulton said the following services supporting Parkes Electorate communities would receive funding:

- \$130,000 for Bogan Bush Mobile Resource Unit to help the communities of Martaguy, Quambone, Nyngan, Trangie, Mullengudgery, Collie, Tottenham, Collerina, the Marra, Hermitdale, Girilambone, Warren and Mungery.
- \$30,000 for Bourke & District Children's Service for communities of Fords bridge, Bourke Public School, Enngonia, Darling Farms, Gumbooka, Louth, Trafalgar and Mercy Park.
- \$30,000 for Brewarrina Mobile Resource Van- Goodooga, Weilmoringle, Carinda, Hebel, Brewarrina, Lightning Ridge and Grawin.
- \$30,000 for Goonimoo Mobile Resource Van- Collarenebri, Grawin, Goodooga, Lightning Ridge, Goonimoo, Meradool and Pilliga.
- \$130,000 for Lachlan Mobile Child Care Service- Tullibigeal, Euabalong, Lake Cargelligo and Condobolin.
- \$30,000 for Tharawonga mobile Resource Unit- Crooble, North Star, Yallaro and Yetman.
- \$130,000 for Paroo Contact Children's Mobile - Avondale, Bremer, Hungerford, Nupunyah, Thargomindah, Tilpa, Wanaaring.

"The Abbott Government is committed to ensuring Australian families have access to affordable, flexible, high quality child care no matter where they live," Mr Coulton said.

"These mobile services do a fantastic job supporting regional and remote communities where access to permanent child care services, let alone places, is not always available.

"They provide the Parkes Electorate with a broad range of services such as playgroups, vacation care, on-farm care, parenting support and toy and DVD-lending libraries. "Having a reliable and safe vehicle will allow these services to focus their time, money and energy on high-quality education and care.

"This funding will also help services with the cost of training their staff to deal with the unique challenges that come with delivering high-quality child care on the road."

A total of 44 mobile BBF services are being supported by the programme via funding grants of up to \$130,000 depending on their size and need.

About one in five of these BBF mobile services primarily care for indigenous children.

WALGETT WALKABOUTS UPDATE

The Walgett Walkabout's are holding another 10 week healthy lifestyle challenge, The Julie Young Challenge. This program is open to all Walgett community members and will incorporate increasing your physical activity levels and making healthy lifestyle changes.

Geoff Ellis was "our most successful individual participant and achieved the third greatest weight-loss out of other 500+ individual George Rose Challenge participants. The challenge isn't only about reaching personal milestones, it's about increasing healthy habits of the whole community" says Eli Beach Accredited Exercise Physiologist at Walgett Aboriginal Medical service. Geoff managed to loose in excess of 17kgs and whilst gaining more energy and exuberance for life. "I managed to do this by pairing up with my work college and friend, together we did 3-4 group exercise sessions as organised by WAMS and the Walgett Shire Council. I also changed what I ate, swapping chocolate for fruit and veg, enjoying a salad sandwich instead of chips and take away food, amongst other things" Geoff says.

"I found it hard to start off with, the first 3 weeks were especially hard but I pushed through and gradually saw the positive changes take effect. I was able to compete with my friends whilst doing physical work as a council worker and I still enjoy a better quality of life" Says Geoff.

"The factors which made me want to take charge of my health included the irritation I felt as my belly rubbed on my belt buckle, I have now drilled 6 extra holes into my belt as my waist measurement comes down. I also wanted to be there to watch my grandchildren grow up" Says Geoff

If you want a challenge, to feel better within your own skin and be there for your children, sign up to the Julie Young Challenge. You can do this by going to the Walgett Aboriginal Medical Service, Doctors Clinic and getting your initial weight and waist measurements taken. These results will be collected by NSW Health and be put into a pool comparing us against 29 other community teams around NSW. At the end of the 10 weeks we'll collect your measurements again and see what you were able to do for yourself.



Geoff Ellis of Walgett with the newly-installed exercise equipment at Apex Park. Geoff said that without the ongoing support of Eli, Danielle and Annie, he would not have achieved the fitness outcome he has and he is proof that anyone can reach their goal.

WALGETT AND DISTRICT HISTORICAL SOCIETY INC.

WALGETT HAPPENINGS
1885 - 1935
BY ALLEN PEARSON

1923 AUGUST

Coonamble Race Meeting attracts a crowd of unwelcome "urgers, spielers and pickpockets". Local Police had to be reinforced to cope.

Old local identity, Mr. John Telfer, dies aged 78.

Death of Mr. James Richmond in Scotland. Former part owner of "Gingie" and "Haddon Rig, Warren".

Chamber of Commerce presses for improved train service by eliminating long delay at Narrabri and providing a motor rail on Monday, Wednesday and Fridays, thus giving a daily service to Walgett.

Death of Mrs. William King of Ulumbie Downs and Miss Olive Mary Holloway of Walgett.

Net Fishing within certain described distance of Walgett prohibited between 14.8.1923 and 30.9.1923 and 23.12.1923 and 30.9.1924.

Grandstand Race Club to race 31st October and 1st November. Artesian Bore at Dungalear reaches 2170'. First flow of water yields 390,000 gallons per day. Mr. G.D. Ritchie who is opening up a Stock and Station agency has arrived in town. Council's Pipe Making Machine has arrived and put into operation and is most satisfactory. Duncan Bros. of Carlton have for sale some Haddon Rig rams. Rev. A.V. Smith, newly appointed Minister at St. Peters Church and Mrs. Smith and family have arrived in Walgett, having come from Manila.

To be continued

**WALGETT SHIRE
MARKETS
SATURDAY 12TH JULY
APEX PARK
WALGETT**

HOTEL GATEWAY MOTEL

LOCAL LIQUOR
THERE'S ONE NEAR YOU

COLD WEATHER COMFORT!



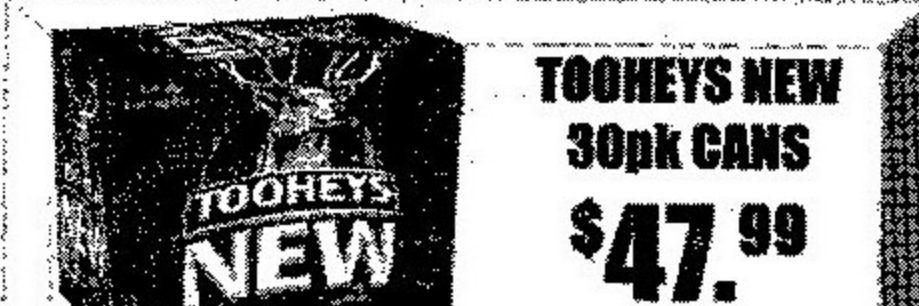
**COOPERS MILD
ALE
\$34.99**



**VB STUBBS
\$40.99**



**CARLTON DRY
STUBBS
\$43.99**

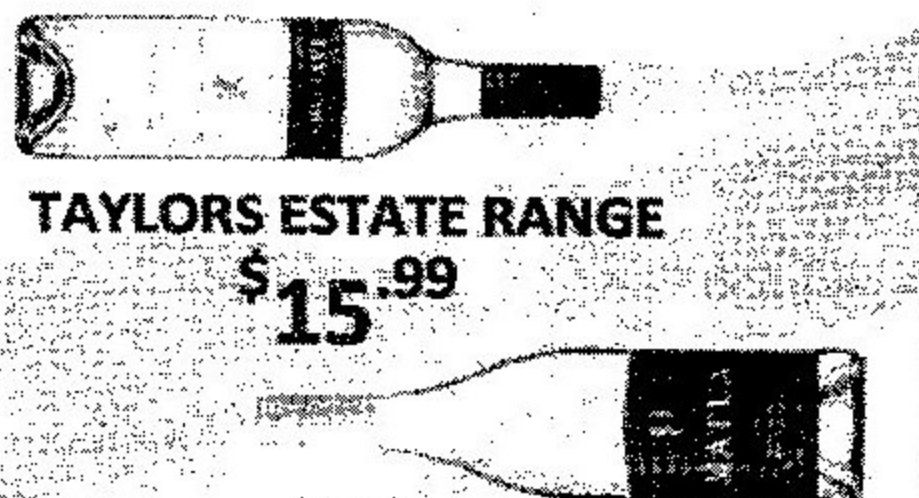


**TOOHEYS NEW
30pk CANS
\$47.99**



**KRONENBOURG
FRENCH STUBBS
\$42.99**

VALUE WINE VARIETIES



**TAYLORS ESTATE RANGE
\$15.99**

MATUA VALLEY SAUV BLANC

2 FOR \$28

~CONDITIONS APPLY~
SPECIALS AVAILABLE FROM 9/7/2014 TO
13/7/2014

**WALGETT
BULLDUST TO
BITUMEN FESTIVAL
IS COMING: 3-10
AUGUST 2014!**

Bring the whole family to the Walgett Bulldust to Bitumen Festival, where you will find something for everyone! Highlights of the Festival include:

- ☐ Photography competition featuring special guest judge Scott Bridle
- ☐ Bush dinner under the stars (including Astronomy and marshmallows for toasting)
- ☐ Bell Yoga + chickpea cooking
- ☐ Combined Church Service
- ☐ High tea and Wine With Words
- ☐ Move and Groove Jam Time for Little People
- ☐ Big Day Out markets
- ☐ The Walgett Voice
- ☐ Run for Fun in fancy dress
- ☐ Carp fishing competition

If you would like any more information regarding the Festival, please contact Megan Glascott on 0400 472 488 or 02 6828 1399 or email mglascott@walgett.nsw.gov.au