



## Fact Sheet

### HASI in the Home Coonabarabran

Updated: 1 August 2009

HASI in the Home aims to assist people with a diagnosed mental illness or low levels of psychiatric disability participate in their community, maintain their housing, reduce hospitalisation rates and improve their quality of life.

#### Target Groups

**People with a diagnosed mental illness that require low or medium levels of support who will benefit from participating in the program.**

- Aged 16 years and above.
- Low or medium levels of psychiatric disability.
- Have a high level of functioning most of the time.

#### Service Activities

Provide holistic case management including case planning, assessment and review.  
Develop and maintain relationships with other agencies  
Provide advocacy and referrals for clients  
Conduct Home visits and assists with transportation to appointments and activities.

#### Outcomes

Reduced demand on emergency and health services, reduction in costs to health system  
Clients are connected to the community and have improved social inclusion  
Clients have greater levels and duration of recovery and rehabilitation  
Clients are maintaining their tenancy  
Clients have improved relationships with housing provider  
Clients have improved mental and physical health and emotional wellbeing

#### Example 1:

A client of the HASI in the Home in Coonabarabran has begun an introduction to computer's course through the local TAFE.

The service user who before starting on the HASI in the Home program had spent many long periods of illness staying at a Mental health Inpatient Unit's followed by short periods in the community.

Since the beginning of her receiving support from the HASI in the Home program the service user has begun seeing a local GP for some physical health issues.

The service user now attends the computer course with the support of the HASI in the Home aboriginal mental health trainee who participates and supports the service user in the course.

#### Example 2:

Last year we provided intensive holistic case management for up to 10 people. By engaging with our service clients gained assistance with material aid, family issues, legal issues, physical and mental health, employment support, budgeting, education and training, and social contacts.

#### Funding Sources

**HASI in the Home is funded by GWAHS**

#### Mission Australia

Mission Australia is one of the nation's leading charities and community service organisations, having helped change the lives of individuals and families in need for almost 150 years. Mission Australia's vision is 'to see a fairer Australia by enabling people in need to find pathways to a better life'. Mission Australia currently operates more than 450 services throughout metropolitan, rural and regional Australia – in every state and territory. Our services are made up of community, employment and training services aiming to provide:

- Pathways away from homelessness;
- Pathways to strong families and healthy, happy children;
- Pathways through a successful youth;
- Pathways to skills and qualifications.

#### Contact Information

HASI in the Home

61 Cassillis Street, Coonabarabran

Tel: 6842 1087

Fax: 6842 1057

Mob: 0447 213 439

Website: [www.missionaustralia.com.au](http://www.missionaustralia.com.au)