



PHOTO: MERVYN BISHOP; LOCATION: ON BOARD THE TRIBAL WARRIOR; ILLUSTRATION: KEVIN MAY



**JUST BECAUSE YOUR MATES DRINK  
DOESN'T MEAN YOU HAVE TO**

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For more tips and free resources on dealing with grog go to:

[www.yourroom.com.au](http://www.yourroom.com.au)  
Click on the 'Campaigns and resources' button

Email: [drugaction@doh.health.nsw.gov.au](mailto:drugaction@doh.health.nsw.gov.au)  
Phone: (02) 9424 5946

**NSW HEALTH**

Prepare your kids for the future. Keep them strong.

# TELL THEM

# IT'S OK TO SAY NO TO GROG



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# YOU DON'T NEED GROG TO HAVE A GOOD TIME



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