



Resource and Recovery, Dubbo

Updated: 1 August 2009

The Resource & Recovery Program is designed to support people who are recovering from a mental illness by providing ongoing support in gaining employment and/or education and training. Support is also offered to assist clients in gaining improved access to community, leisure and recreational opportunities under the Mental Health Specialist Outreach Program. It also aims to assist clients with maintaining a high level of mental and physical health and aims to promote independence.

Target Groups

People who are recovering from mental illness aged 16 and over (excluding the frail aged) for whom support will assist their movement into an independent lifestyle with a educational or employment focus.

Service Activities

Resource and Recover uses a range of methods to deliver high quality services to clients. The service is committed to providing the most flexible and effective support services to best meet individual needs, this includes:

- Assessment / case management
- Building strong community linkages and partnerships
- Joint care planning
- Outreach and living skills development
- Referral pathways to clinical support where required
- Assistance to obtain and maintain successful independent housing
- Access to educational programs & employment
- Assistance to obtain government allowances
- Living skills/personal development support
- Access to recreational activities
- Group activities such as arts and living skills programs to develop and nurture social skills
- Providing peer support through a specialist worker

Outcomes

Mission Australia's Resource & Recovery Program will develop strong support networks for clients, allowing outcomes to be achieved in a wide range of areas including: Linking to services to assist with employment, vocational training, social & recreational opportunities and linking to community programs.

Funding Sources

Resource and Recovery is funded by Greater Western Area Health Service.

Mission Australia

Mission Australia is one of the nation's leading charities and community service organisations, having helped change the lives of individuals and families in need for almost 150 years. Mission Australia's vision is 'to see a fairer Australia by enabling people in need to find pathways to a better life'. Mission Australia currently operates more than 450 services throughout metropolitan, rural and regional Australia – in every state and territory. Our services are made up of community, employment and training services aiming to provide:

- Pathways away from homelessness;
- Pathways to strong families and healthy, happy children;
- Pathways through a successful youth;
- Pathways to skills and qualifications.

Contact Information

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